

# 20<sup>th</sup> Annual

## A 3 Mile Run for Canines and their Human Companions

South Mountain Reservation, South Orange, NJ  
Saturday, October 8, 2016 10:00 AM



Limited to 150 Dog/Person Teams

Events: 10:00 AM: 3 Mile Run

9:30 AM Paws from the Past Run - Limit 14 teams. See Rules for eligibility.

Where: Crest Drive, South Mountain Reservation, South Orange, NJ

Fee: Preregistration: \$30 pre-entry postmarked by 9/13/16  
Post registration: \$35 **No Race Day Registration**  
Make checks payable to **Hounds and Harriers Run**.

Benefits: Eleventh Hour Rescue, Home for Good Dog Rescue, the Canine Cancer Research Fund, Somerset Regional Animal Shelter and the Challenged Athletes Foundation

Prizes: Male/female human categories: overall placement, small and large dog categories, first shelter/rescue dog and veteran dog (>=10 years old).

Questions: Call 973-377-6276 or Email HoundsAndHarriers@verizon.net  
Visit our web site: [www.HoundsAndHarriers.com](http://www.HoundsAndHarriers.com)



T-shirts, goody bags and dog bandanas to all entrants. Refreshments, water stops and mile markers provided.

### Rules

- **All dogs must be current on standard vaccinations and be licensed and you should be able to produce proof of these on race day upon request.**
- Each runner must have a dog. One dog per person. Exceptions may be considered on an individual basis.
- Dogs must be on leashes at all times (no longer than 6'). No flexi leashes please.
- Poop bags will be provided. You are responsible for picking up after your dog if he/she decides to go in the staging area or the course. We recommend you exercise your dog before the run to avoid dealing with this during the race.
- Puppies must be at least 6 months old to participate. We will not allow female dogs in any stage of heat to attend.
- The race director and race veterinarian reserve the right to refuse entry or remove a dog from the course if it might prove hazardous to others or whose physical condition appears to be in jeopardy before or during the event.
- The race director reserves the right to change the race to a fun run if the temperature is excessively warm.
- No baby joggers.
- **Paws from the Past** is a short run/walk (200') for H&H alumni dogs that have run in a previous H&H Run and can no longer complete 3 miles.

### T-Shirts/Sweat Shirts/Calendars:

Extra T-shirts, sweat shirts and bandanas may be ordered in any size (including youth sizes). Bandanas: \$5. Short sleeved tees \$10, long sleeved tees \$15; sweat shirts are \$22. 2017 H&H Run Photo Calendars may be purchased for \$22. **All special orders must be made by Sept 17. Payment must be made at time of order.**

**Directions: Use MapQuest, Google Maps or a GPS. Put in Crest Drive, South Orange, NJ**

**From Livingston Mall** (Eisenhower Parkway and County Rte 510/Columbia Turnpike/South Orange Ave) head east for 4.6 miles. Crest Drive will be on your right.

**From Garden State Parkway:** take exit 144, Go west on South Orange Ave to the top of the hill and make a left into the Reservation on Crest Drive.

Printing donated by



15A Melanie Lane, Ste 3A  
East Hanover, NJ 07936  
973.585.7355





**Mail entry form and check payable to Hounds and Harriers Run:  
Hounds and Harriers Run, 27 Sherbrooke Dr., Florham Park, N. J. 07932.**

Event: 3 Mile  Paws from the Past  (entry fee for Paws from the Past is optional but required for race t-shirt)

Last Name  First Name  Age (on race day)  Sex

Street

City  State  Zip

Phone (evenings)  -  -  (days)  -  -

Email address:  Circle t-shirt size: S M L XL

Canine Name  Wt (lbs)  Breed

Age (on race day)  yrs  months Sex  Shelter/Rescue Dog? Y N

Typical miles dog runs in workout  Dog's longest distance run  Additional Contribution (Optional):\*\*

**\*\* For a \$50 or more donation, you can memorialize a pet on our Honoree Page.**

In consideration of this entry being accepted, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims I may have against Essex County, Essex County Parks, Rose City Runners Club, and its parent and affiliated companies, officials, volunteers, sponsors or any other representatives for any injuries or damages that may be suffered by me or my dog in this event. I hereby certify that my dog and I are physically fit and have sufficiently trained for the competition of this event. I further certify that my dog is licensed and that its vaccinations are current and that I can produce proof of these on the day of the race upon request. I acknowledge that any injuries sustained by me or my dog during the course of this event are caused by and arise out of risks of which I have full knowledge and which I fully assume. I further certify that all information and or documentation provided in connection with this application is true and accurate as of the date of the scheduled event. I will be responsible for the conduct of my pet, for cleaning up after my pet and for keeping my pet leashed at all times. I agree to indemnify and hold all sponsors of this event harmless against any and all claims and demands for any accident, injury or damage whatsoever caused to any person or property by me or my dog arising, directly or indirectly, during the course of this event. I will additionally permit the free use by the sponsors of this event of our names, pictures or likeness in broadcasts, newsletters or promotional materials.

**SIGN ALL THAT APPLY: Runner's Signature:** \_\_\_\_\_ **Date** \_\_\_\_\_

**Parent's Signature if runner is under 18:** \_\_\_\_\_ **Date** \_\_\_\_\_

**Signature of Dog's owner if not runner:** \_\_\_\_\_ **Date** \_\_\_\_\_